

## **Metro Fitness Club Personal Trainer**

Metro Fitness Club is looking for an experienced personal trainer with an existing client base to join our dynamic and diverse training staff. We are a full-service, upscale fitness club located in the heart of Myers Park in Charlotte, N.C. Our facility is over 8,000 square feet and includes all of the amenities and progressive training equipment that you would expect from a high-end fitness club.

This position reports to our General Manager. Primary responsibilities include recruiting and maintaining training clients, providing excellent customer service to our members and completing fitness evaluations for new members. There is also an opportunity to teach group classes such as circuit training and spinning for interested candidates.

Additional responsibilities include but are not limited to:

- Perform new member orientation and physical fitness assessments as assigned
- Demonstrate proper use of equipment to members
- Develop thoughtful and challenging exercise programs for clients
- Work with front desk to schedule and log training sessions
- Ensure clients check in with front desk
- Attend personal training staff meetings

Qualifications and requirements:

- A book of business including **at least five active training clients**
- College degree preferred
- National training certification such as ACSM (American College of Sports Medicine), ACE (American Council on Exercise), NSCA (National Sports and Conditioning Association), NASM (National Academy of Sports Medicine), AFAA (Aerobics and Fitness Association of America), Cooper Institute or other related and accredited organization
- CPR/AED certification
- Ability to work and communicate well with members, co-workers and prospects
- Passion for health and fitness along with an outgoing and friendly personality
- Strong organizational skills
- Timeliness
- Professional appearance and attitude

Compensation is negotiable based on experience. Trainers are independent contractors. Interested candidates should submit their resume along with a cover letter to [colleen@metrofitnessclub.com](mailto:colleen@metrofitnessclub.com). No phone calls please.